

The President, Rebecca Silk, together with the Board, Rabbis and staff of TBI, welcomes you to our community.

SHABBAT TAZRIA - M'TZORA

Parashah: Leviticus 13:40-14:10 (page 834)

Haftarah: I Samuel 20:18-42 (page 1687)

KABBALAT SHABBAT YOM HASHOAH COMMEMORATION

MAIN SYNAGOGUE

6pm Kabbalat Panim

6.15pm Friday Night Shabbat Service

Board members: Rebecca Silk and Alla Medownick

Shammash: Rhonda Nirens

Darshanit: Rabbi Kim Ettlinger

Baby naming: Lilly Stawski

Shira: Cantor Michel Laloum

SHACHARIT SHABBAT

FRIEDLANDER SYNAGOGUE & CULTURAL CENTRE

10am Geshet Service

MAIN SYNAGOGUE

10am Saturday Morning Shabbat Service

Board members: Rebecca Silk, Judi Cohen, Gary Lewis,
Sue Silberberg and Joanne Loewy Irons

Shammashim: Jackie Birkett, Jadwiga Holcdorf and
Denise Joyner

Darshanit: Rabbi Kim Ettlinger

Bat mitzvah: Emma Abraham

Shira: Rhondda Hall

Torah readers: Rabbi Fred Morgan, Rhondda Hall and
Emma Abraham

Kiddush: Kindly sponsored by the Abraham
family

We kindly ask that phones and cameras not be used during services*

DRASH FOR SHABBAT TAZRIA - M'TZORA BY RABBI DR ORNA TRIGUBOFF, EMANUEL SYNAGOGUE

Mindfulness and Counting the Omer

We are about twelve days into the forty-nine-day period of counting the omer. The omer spans the seven weeks between the festival of Passover and the festival of Shavuot. In ancient times it was connected to bringing grain offerings to the Temple. What is the significance for us today?

The omer tradition evolved through Kabbalistic and Hasidic practice to be a period of self-reflection and refinement, each week being associated with a different aspect of our personality. This week we explore the aspect of gevurah ("strength") and din ("judgement") in our lives. We are invited to consider times in our lives when we have needed to be courageous and how that has affected our lives. As a daily mindfulness practice we notice when we are judgemental and whether it is combined with compassion. We reflect on the structures and routines in our lives

and whether they help to bring us a sense of wellbeing – physically, emotionally and mentally. This week, ask yourself: Which routines keep me fit and healthy? Which routines in my life make me happy and which keep me mentally alert? Sometimes routines have been in place for so long that we take them for granted. This week we bring them to the fore so that we can assess them and make changes if need be. Combined with this week's Torah reading, we are also mindful of communication with others. Part of this week's Torah reading is about various skin conditions and some of our sages understood this to be symbolic of the various ways in which we communicated, and the importance of being aware of the effect of our words. At the end of Shabbat we will transition into the week of Tiferet, the week of exploring compassion and beauty.



NextDor Film Night Thursday 19 April 7pm SCREENING: 'FOREVER PURE'

Join NextDor (previously Young TBI) for their first ever film night at TBI. Arrive at 7pm for a 7.15pm start. Enjoy pizza, popcorn and drinks. Forever Pure is a fascinating film about a secretive transfer deal that transported two Muslim players into the heart of Israel and the Jewish-oriented Beitar Jerusalem F.C., leading to the most racist campaign in Israeli sport.

ROSH CHODESH WOMEN'S GROUP Sunday 15 April 7.30pm



MORE THAN CHICKEN SOUP: THE JEWISH VIEW OF HEALTH AND HEALING

Take time to reflect on what Jewish text says about health and healing. For location information, talk to Rabbi Ettlinger at the service.

SPECIAL SHABBAT



Shabbat Atzma-ut
Netzer Israeli-themed
Shabbat service with
Shaliach Uri Levin

Friday 20 April
6.15pm

*TBI services are now streamed live and archived on our website tbi.org.au for the benefit of the community. If you are positioned near the front of the synagogue or near the bimah your image will be recorded. Attendance and participation in our services will be deemed as consent for your image, or the image of minors in your care, to be used for the purposes of filming and promotion. We thank you for your support.



TBI PESACH APPEAL 2018

You will have recently received your 'Haggadah' for the TBI Pesach Appeal 2018, featuring a letter from Rabbi Gersh Lazarow. This year we are focused on our Programs and Activities and hope that you can contribute to continuing to expand our programs in the future.

Please complete and return your Appeal form, or alternatively donate online at tbi.org.au/pesach-appeal-2018

CALENDAR

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Sunday 15 April

- 5.15pm Kol Simchah choir rehearsal
- 7.30pm Rosh Chodesh Women's Group (OFFSITE)
- 7.30pm Men's Group (OFFSITE)

Tuesday 17 April

- 4pm TBI Tamid
- 6pm Beginner Hebrew - Aleph Isn't Tough
- 7.30pm Intro to Judaism
- 7.30pm Parashat Haftarah

Wednesday 18 April

- 7pm Geirut Program
- 7.30pm Melton School - The Star and The Crescent

Thursday 19 April

- 7pm NextDor Film Night

Friday 20 April

- 10am Bubs & Bagels
- 4.15pm Emmy Monash Kabbalat Shabbat (OFFSITE)
- 6.15pm Kabbalat Shabbat service
Netzer Israeli Shabbat Atzma-ut

Saturday 21 April

- 9.30am Tot Shabbat
- 10am Shabbat Acharei Mot - K'doshim service
Mitchell and Zachary Baynash b'nei mitzvah



BLANKET AND DOONA APPEAL

If you have new or dry-cleaned and wrapped **woollen** blankets or doonas, there will be a collection bin in the foyer. These will be given to asylum seekers in the community who cannot afford heating. Your help will be appreciated.

REMEMBRANCE

זכור

SHLOSHIM

- Su Deo Friend of Peter Cohen
- Norman Elijah Brother of Maurice
- Daryl Horejsi Son of Esther, brother of Anna, Gregory and Adrian
- Ruth King-Smith Sister of Lewis Lustig
- Andre Kogan Father of Levi and Leah
- Andrew Kopatsy Husband of Diana, father of Andrea and Erika
- Carl Mendies Husband of Helen, father of Tamara, Darren and Yvette
- Max Reinherz Partner of Angi Lahofsky, godfather of Michael Zemski
- Boris Schwarz Father of Naomi
- Dora Stanton Wife of Jeff, mother of Danielle, Jamie, Janine and Kerry
- Kay Stein Mother of Luke, friend of Gerry Eltringham

- Lenny Straeger Brother-in-law of Lawrence Jordan
- Mark Wayne Father of Victor and Deena, father-in-law of Karen and Rodney
- Sheila Zivin Mother of Kelli and stepmother of Jeffrey

Yahrzeits Observed This Shabbat

- Morris Akkerman • Sam Bando • Hilda Brous • Gabor Feldheim
- Margit Feldheim • Julie Frey • Erwin Friedlander
- Gemma Fuellgraf • Felix Halpern • Gerald Hart • Herta Herling
- Norman Klings • Michael Korabielnik • Stella Korabielnik
- Franka Kranz • Miriam Lazarow • Chaim Lewin • Chana Lewin
- Felicia Lewin • Nathan Lewin • Sabina Lewin • Aranka Lustig
- Szidonia Lustig • Isidor Maisner • Alexander Rebelski
- Nathan Schwartz • Jeannie Segal • Michael Segal • Benn Selby
- Anna Serejski • Simon Serejski • Hans Spitz • Ralph Spivak
- Frances Sullivan • Hyman Joseph Wittner • Izrael Zimmerman

MISSION: Temple Beth Israel is a kehilla kedosha (spiritual community) bringing innovation and creativity to Jewish traditions. We provide multiple pathways for our members and friends to enjoy an engagement with Progressive Judaism that enhances their lives through spiritual enrichment, learning and community. We are guided by principles of egalitarianism and respect for others. We are inspired to continually develop and grow and to provide a spiritual home for all who wish to embrace our values. Temple Beth Israel acknowledges that we are assembled on land whose traditional custodians are the people of the Kulin Nation.

Please take this news sheet with you



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